

## Questions to ask my doctor *about seeing an endocrinologist*

Please print this page and discuss the following questions with your doctor.

Questions	Doctor response
<p>With the problems I have been having managing my diabetes, would this be the appropriate time to see an endocrinologist?</p> <p>Most endocrinologists have a diabetes care team to assist members having more difficulty. Ask about access to a dietician and psychologist if clinically appropriate.</p>	
<p>If not, at what point should I see one?</p>	
<p>What improvements can I expect to see with the new changes you are now implementing?</p>	
<p>What steps can we take to better manage diabetes and prevent complications from it?</p>	

Optum provides health and well-being information and support as part of your health plan. It does not provide medical advice or other health services, and is not a substitute for your doctor's care. If you have specific health care needs, consult an appropriate health care professional.